

From: NWCN [neola@nwcen.org]
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N W C N
e-bulletin
1 6 A p r 2 0 1 3

*working to create a genuinely
participative democracy*

Find out what NWCN & PESP get up to and keep up to date with all the latest news by joining us on:



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1 £10million capital funding for voluntary youth sector

Education Minister, John O'Dowd has announced the opening of a new capital funding scheme for voluntary youth organisations.

The Education Minister at the Department of Education has made available a youth budget of £10million for capital funding projects across 2013/14 and 2014/15 to be divided between voluntary and controlled youth sectors.

Eligibility

To be eligible to apply for funding your organisation must be:
registered with the local education and library board; or receive funding from the Youth Council for Northern Ireland; and
be able to demonstrate the operation of Youth Service Programmes for at least 9 hours per week for a minimum of 30 weeks per annum.

Grant Aid

Grant aid can assist with the costs of refurbishing premises, improving facilities or access for people with disabilities, bringing the property up to current health, safety and fire authority standards, towards child protection measures or meeting needs of young people within Section 75 / those at greater risk of social exclusion / marginalisation.

Grant aid is available in two categories

Minor Works - Scheme costing up to a maximum of £150,000 incl VAT & fees.

Major Works - Scheme costing over £150,000

How to apply

For more information please visit: http://www.deni.gov.uk/index/support-and-development-2/youth-service/19_youth-youth_capital_funding_pg-2.htm

Completed applications must be returned to the Department, at the address below, no later than **28 June 2013**.

If you require further information about the Scheme please contact:

Estate Operations Team, Department of Education, Rathgael House, 43 Balloo Road, Rathgill, Bangor, BT19 7PR

Tel : 028 9127 9452 / Email: mail@deni.gov.uk

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2 The McKibbin Family Fund

The McKibbin Family Fund aims to improve the lives of young people living with physical disabilities, learning disabilities or who are affected by illness.

The Fund hopes to impact positively on their lives by helping create opportunities for their development and increased inclusion in society.

What will be funded:

- Equipment
- Outings
- Residentials

- Tutors

To apply please complete the online [Responsive Grant Making Application form](#).

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3 What can you do in a Day?

We are asking young people aged 11 to 21 to 'Be Extraordinary for a Day' and to think about what they could change in their area in a day. The idea must be a project that tackles a particular issue in a short timescale. And contribute to positive change.

Awards are available for up to £500 to run a short project between July and December 2013. For more information see: www.liveunltd.com/beextraordinary. Example of projects can found [here](#) .

The closing date for entries is Friday 14th June 2013. Award Winners will be announced on Friday 28th June 2013.

For more information contact Ashley Whittle on 07545933823 or email ashleywhittle@unltd.org.uk

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4 BT Get IT Together Award

If you are a charity, SME, Social Enterprise or CIC, helping people access the internet and improve their ICT skills, you could be eligible to apply for the **BT Get IT Together Award**.

The award recognises UK-based organisations who are supporting digital inclusion activities by enabling and encouraging people to get online. This could be through various activities including employee volunteering, the sponsorship of IT equipment or the production of training materials.

For full rules and guidance notes and to apply online, please visit: www.technology4goodawards.org.uk

The closing date for applications is **Friday 3 May 2013**.

If you require further information, please contact the BT Awards office on 0845 257 6792 or Anita Kelly at Citizens Online- NI Project Coordinator – Mob: 078 1857 3617 Email: anita.kelly@citizensonline.org.uk

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5 Caring for Carers – Looking after your Health and Wellbeing

A PESP Engagement Event

Date: **Friday 26th April 2013**

Venue: St Columbs Park House

Time: 10.00am to 12.30

Are you a family carer who could do with a little 'me' time or do you know someone who does? Come and take advantage of free therapies and treatments including Head and Neck Massage, Reflexology, and Nail Art with workshops in Hand Massage Techniques, Scented Pot Pourri making, Armchair Yoga and Quick and Easy Cooking.

All treatments delivered by qualified therapists.
Refreshments will be served throughout the morning.

This networking event is Sponsored by Big Lottery under Foyle Womens Information Network's (FWIN) Live and Learn Programme.

Contact Nuala or Gabrielle for further information
Email: nuala@nwc.n.org or email: gabrielle@nwc.n.org / Tel: 028 7136 8811

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6 Beyond Words Project Launch

Wednesday 15 May 2013, 1 – 3pm (with lunch at 1pm)
Playhouse Theatre, 5-7 Artillery St, Derry/Londonderry, BT48 6RG

Beyond Words is a new partnership bereavement project between Cruse and Stroke Association providing support to people over 60 including Stroke survivors and their carers and people living in sheltered accommodation.

Also being celebrated at this launch is the 25th anniversary of Foyle Cruse who have provided constant support and advice to bereaved clients from the city since 1988.

To confirm your attendance call Paul Finnegan on 028 9079 2419 or email Paul.finnegan@cruse.org.uk

Please see attached for more information on Beyond Words

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7 SafeTALK – Suicide alertness for everyone

SafeTALK is a 3 ½ hour training workshop, which raises general awareness on how to prevent suicide in our community.

The workshop equips participants with the skills to recognise a person with thoughts of suicide, to engage them and then connect them with an organisation or individual who can intervene to help keep them safe.

SafeTALK is ideally placed for delivery in a workplace or community setting

25 April, Roe Valley Arts & Cultural Centre Limavady

5 June, Station Centre, Omagh

10 September, Aisling Centre, Enniskillen

10 September, Verbal Arts Centre, L'Derry

[19 September, Aisling Centre, Enniskillen](#)
[12 November, Aisling Centre, Enniskillen](#)
[19 February 2014, Aisling Centre, Enniskillen](#)

If you are interested in attending please contact the Health Improvement Department on 028 7186 5127

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8 Multicultural Celebration at The Culture Venue

Date: **Wednesday, April 17th, 2013**

Start & finish time: 6 – 8 pm

Place: The Venue, Ebrington, Derry-Londonderry

Bookings: The Millennium Forum Box Office

Cost: Adult - £3; Child £2

The local integrated schools have organised a gathering to showcase and celebrate diversity in local life. There will be sample food from different cultures and traditions, shared and served by families from all over the world who have made this place their home, followed by music, dance and words to welcome and enthral.

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9 Health Well Knowledge Update

The Health Well website aims to be the authoritative source of health-related evidence, data and good practice across the island of Ireland, incorporating a number of thematic Hubs as outlined below. This Knowledge Update highlights some recent examples of information resources added to the Health Well and each of its Hubs.

To view more resources available to you on the Health Well, please follow this link www.thehealthwell.info.

Health Well:

Research & Evaluation Report: [Annual Report of the Chief Medical Officer for Northern Ireland 2011/12](#)

Research & Evaluation Report: [EU Drug Markets Report: A Strategic Analysis](#)

Research & Evaluation Report: [Health First: An evidence-based alcohol strategy for the UK](#)

Research & Evaluation Report: [WHO Global status report on road safety 2013](#)

Policy: [Road Safety Strategy 2013-2020 – RoI](#)

Policy: [Healthy Ireland – a Framework for Improved Health and Wellbeing 2013-2025 – RoI](#)

Policy Consultation: [Recognising penalty points on both sides of the border - have your say - NI](#)

Policy Consultation: [Draft HIQA Corporate Plan 2013 - 2015 – RoI](#)

News Item: [CARDI "Focus On" Series - Public Health Campaigns for Older People - RoI/NI/International](#)
[Follow @TheHealthWell on twitter](#)

Obesity Hub:

Research & Evaluation Report: [Diet and Nutrition Survey of Infants and Young Children, 2011– UK](#)

Research & Evaluation Report: [State of the Nation's Children: Ireland 2012](#)

Guidance Document: [Best practice guidance for weight management services - UK](#)

Guidance Document: [NICE guidance on 'obesity working with local communities'](#)

Guidance Document: [NICE guidance on 'Walking and cycling: local measures to promote walking and cycling as forms of travel or recreation](#)

Policy: [Active Travel \(Wales\) Bill 2013](#)

News item: [Accounting for Calories \(diverging trends in calories and obesity – blog by David Katz \(US\)\)](#)

News item: [Healthy Food for All Newsletter - March 2013](#)

News item: [All Island Obesity news - March/April 2013](#)

[Follow @ObesityHub on twitter](#)

Chronic Conditions Hub:

Research & Evaluation Report: [Global Burden of Disease \(GBD\) Country Profiles](#)

Research & Evaluation Report: [Global Burden of Disease \(GBD\) Profile: Ireland](#)

Research & Evaluation Report: [Global Burden of Disease \(GBD\) Profile: UK](#)

Research & Evaluation Report: [The European Health Report 2012: Charting the Way to Well-being](#)

Policy: [Cardiovascular Disease Outcomes Strategy: Improving outcomes for people with or at risk of cardiovascular disease – UK](#)

Data: [National Diet and Nutrition Survey: Assessment of dietary Sodium Levels Among Adults - UK](#)

Data: [Number of General Practitioners per capita – NI 2012](#)

Data: [Ambulance Response Times - NI 2011](#)

News Item: [Injury Prevention News – October 2012 to February 2013](#)

[Follow @ChronicHub on twitter](#)

Fuel Poverty Hub:

Intervention: [Liverpool Healthy Homes programme - UK](#)

Research & Evaluation Report: [Fuel Poverty 1991 - 2012: Commemorating 21 Years of Action, Policy and Research - NI/UK](#)

Research & Evaluation Report: [A Survey of the Benefit System in Ireland](#)

Research & Evaluation Report: [An overview of 40 years of data \(General Lifestyle Survey Overview - a report on the 2011 General Lifestyle Survey - UK](#)

Research & Evaluation Report: [Family and Fuel Poverty – UK](#)

Consultation Response: [Non-Domestic Renewable Heat Incentive – A Government Response - UK](#)

Journal Article: [Quantifying the prevalence of fuel poverty across the European Union](#)

Policy: [Climate Change Bill 2013 –RoI](#)

News Item: [Commission for Energy Regulation Newsletter - March 2013](#)

[Follow @FuelPovertyHub on twitter](#)

Health Inequalities Hub:

Intervention: [Childhood Development Initiative \(CDI\) - RoI](#)

Research & Evaluation Report: [Extra healthy years or just extra years? What can we know from the data we have on the Island of Ireland](#)

Research & Evaluation Report: [The impoverishment of the UK - PSE UK First Results: Living Standards](#)

Research & Evaluation Report: [The European Health Report 2012: helping to define well-being and map the way towards it](#)

Research & Evaluation Report: [Working for Health Equity: The Role of Health Professionals – UK](#)

Data: [Percentage of working age population in "Non-manual" and "Skilled manual" social classes RoI 2011](#)

Data: Percentage of working age population in "Semi-skilled" and "Unskilled" social classes RoI 2011

Journal Article: [Lancet Article by Michael Marmot: Europe: good, bad, and beautiful](#)

News Item: [Equity, Health and Human Development – March 2013](#)

[Follow @InequalitiesHub on twitter](#)

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10 Interchange opportunity with Ilex Urban Regeneration Company

Ilex Urban Regeneration Company is seeking to appoint a Chief Executive for a secondment. The opportunity will be for two years, with the possibility of an extension for a further year, subject to the agreement of all parties. The secondment opportunity is aimed at individuals at a senior management level who have the relevant skills and experience to undertake the duties outlined. The likely start date is anticipated as 1 June 2013, or as soon as a suitable candidate has been identified, and a release date has been agreed.

Interested candidates should complete a candidate proforma, available at www.interchangenai.org.uk and return it through the Interchange Manager to interchangesecretariat@dfpni.gov.uk by 2.00pm on **Friday 26 April** 2013. If you require any further information about the post, please contact Gail Downey in ILEX on 028 7126 9226, or email gail.downey@ilex.urb.com

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11 Free training session entitled 'How the Assembly Works'

The NI Assembly community outreach team is delivering a free training session on 'How the Assembly Works'.

Date: **Tuesday, April 30**

Venue: Parliament Buildings

Programme

9.45 Arrival and registration
10.00 How the Assembly works
11.30 How Committees work
12.00 Viewing of plenary session
12.30 Tour (optional)
13.00 Close

The aim of the training is focussed on improving your ability to engage with the Assembly. By the end of the training you will know:

- Work of the Assembly vs. work of the Executive
- The Speaker and his role
- The Assembly week and when business is scheduled
- Committees, how they plan their work and the best way to communicate with them

The training is targeted for:

- those with little or no understanding of how the Assembly works at present
- those who want to promote greater understanding of the work of their organisation through more effective communication with the Assembly and its MLAs

How to register:

To register your interest in attending please email outreach@niassembly.gov.uk or call 028 90 521 195.

Places will be allocated on a first come first served basis.

Feedback has been great and so places fill up quickly. However, the Get to Know the Assembly sessions are delivered regularly so there will be other opportunities later if you cannot get a place on this session.

We look forward to hearing from you!

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12 Community oil scheme tackles fuel poverty

A bulk buying community oil scheme has already helped over 130 households save money on fuel. A toolkit has been produced to help other organisations set up their own schemes to combat fuel poverty. To date, over 130 households have joined the Glenravel community bulk buying oil scheme, and in the first three months participating households saved an average of nearly £100 each, which is real money back into the pockets of those in need within our communities.

The oil scheme clearly demonstrates that collaborative and partnership working is an excellent way of providing effective, community based solutions to local issues with efficient and focused targeting of limited and finite resources. Read more and download the toolkit [here](#).

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13 Latest offers from SALTO Youth

Ten Steps From Idea to Application!

PBA will bring together to Estonia 26 participants (13 from Estonia and 13 from other countries) - youth leaders/workers and young people aged 15-18 from rural areas and small towns to develop new partnerships for youth exchanges.

Organizer: Seiklejate Vennaskond (NGO/Others)

This activity is for participants from: Austria, Belgium - DE, Belgium - FL, Belgium - FR, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Hungary, Iceland, Ireland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Slovak Republic, Slovenia, Sweden, Switzerland, United Kingdom

Application deadline: TODAY, 16 April 2013

[> More details](#)

Link up! Ecology and Human Rights for Sustainable Development

This TC analyzes the two-ways relationship between Environment and Humans and aims to foster a more holistic HR approach. The key-concept is to link up aspects seen as interdependent and mutually reinforcing components of sustainable development.

Organizer: Associação SPIN (NGO/Others)

This activity is for participants from: YOUTH IN ACTION PROGRAMME COUNTRIES

Application deadline: 26 April 2013

[> More details](#)

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14 Alzheimer's Society: Volunteers Wanted

We need volunteers to help plan and promote: Memory Walk Foyle, **Sunday 15 September 2013**

Let's make it a day to remember!

Are you available to join an enthusiastic project group over the next 6 months?

Can you help at the walk on Sunday 15 September?

Would you love to make a real difference to the lives of people living with dementia?

You will get lots of hands on project & event planning experience!

We have more fantastic volunteer opportunities throughout Foyle including:

- Volunteer Fundraising Group Members
- Community Fundraising Support Volunteer

All roles are flexible and guarantee that you'll gain new skills, make new friends, enhance your CV and do something rewarding with your time!

Alzheimer's Society welcomes volunteers from all walks of life.

To apply or to chat about volunteering please contact: South & West NI: Dubheasa Gallagher, Volunteering Officer

028 82 240826

or email: dubheasa.gallagher@alzheimers.org.uk

Or apply online at www.alzheimers.org.uk/volunteers

Closing date for volunteer applications: Friday 19 April 2013

You can help make a positive impact on the lives of people with dementia, their families and carers in Northern Ireland

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15 Launch of U3A Foyle 2013 Art, Photographic & Craft Exhibition

U3A Foyle, Pascal McDonald House, Gransha Park, BT47 6TG

Phone: 02871860123 / Email: u3a.foyle@btinternet.com

U3A Foyle will present their 2013 Art, Photographic & Craft Exhibition from **22nd April – 25th April**.

The official opening will take place in U3A Foyle on **Monday, 22nd April at 7pm**. We are delighted and honoured to welcome Maurice Harron, the internationally renowned artist and sculptor, as our distinguished guest to open the exhibition. Maurice is of course responsible for wonderful works of art such as the Tinnies or 'Let the dance begin' sculpture at the Lifford/Strabane Roundabout as well as Derry's own world famous sculpture 'Hands across the divide' sculpture at Craigavon Bridge.

The Annual U3A Foyle Art Exhibition has expanded this year to include exhibits from the wide selection of arts, photography and crafts groups which run here in U3A Foyle throughout the year. On display will be paintings in both Watercolours and Oils & Acrylics; there will be Drawings and Calligraphy; some elegant Paverpol sculptures and items made in the Pottery classes; as well as a wide range of craft work such as lacework, crochet and patchwork. There will also be a substantial display of photographs taken by the U3A Foyle Digital Camera Club who are no strangers to exhibiting having previously exhibited in both the Central Library Derry and in Altnagelvin Hospital.

We are delighted to be opening the doors of our vibrant centre and showcasing to the public the wonderful Artwork that is being created here in Gransha Park as well as seeing around the newly extended U3A Foyle Active Living Centre with its Activity Hall and dedicated Art suite.

Everyone is welcome to attend the opening on Monday 22nd April at 7pm or at any of the following times: Tuesday 10am-3pm and 7pm-9pm; Wednesday 10am-3pm & 7pm-9pm and Thursday 10am-3pm.

There is no charge for admission.

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16 My Tribute To The Art Of Pablo Picasso (18/10/1881 – 08/04/1973)

An Exhibition by Jim Sweeney is running **13/04/13 – 20/04/13** at the Playhouse Plaza

This exhibition will contain my copies of paintings by Pablo Picasso including variations of my own style

My thanks to the Playhouse Theatre whose vision and creative vitality are immeasurable inspiration to people of all ages

[Submit an article](#) - Email info@nwc.org to submit an article for inclusion in E-Bulletin.

When submitting an article for inclusion in this E-Bulletin, please conform to the following guidelines to ensure not only inclusion but clear understanding of the information you wish to convey:

Use only the Verdana or Arial Fonts, size 10 or 12

Use single-line spacing

As far as possible, do not use images or include attachments - information is best received when it is concise and

straightforward.

Include reliable contact information: named contact, organisation, telephone number, email address &, where appropriate, web address

Please check that all details are correct when submitting as we will presume they are.

Please do not reply directly to this email, use one of the links above to feedback or to submit an article. For general enquiries, email info@nwc.org

The information in this E-Bulletin has been collated from a range of sources. NWCN does not however accept responsibility for any third party content or for any of the opinions expressed.

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North-West Community Network

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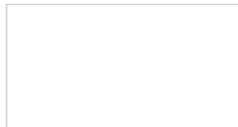
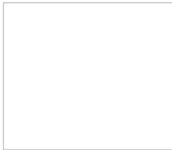
02871368811 (PESP)

NWCN is a membership organisation for Community & Voluntary groups in the North-West, - click [here](#) for a membership form for 2012-2013.

North - West Community Network the e Community Fund (D S D) .

The Participation, Engagement & Skills Project (PESP) is funded by Big Lottery.

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