

From: NWCN [neola@nwcen.org]
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*working to create a genuinely
participative democracy*

For all the latest sector updates and to find out what's happening around the Network and its PESP project, join us on:

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1 Stephen Pittam Social Justice Award

The Community Foundation for Northern Ireland has established an Award in the name of Stephen Pittam in recognition of his commitment to social justice, human rights and peacebuilding work in Northern Ireland over some four decades. The Award (or awards) will be to the overall annual value of £3,000.

The Award can be made to an individual and/or an organisation who make a notable contribution to one of the following –

- Gives voice to a previously hidden/silenced issue of rights/social justice
- Effectively mobilizes people around issues of rights/social justice
- Achieves legislative or policy change on an issue in the area of rights/ social justice
- Provides leadership in campaigning/advocacy work on issues of rights/ social justice
- Demonstrates a proven grounded commitment to issues of rights/social justice.

Successful awardees can fall into one of the following categories –

- (i) An individual/group working in Northern Ireland for the benefit of Northern Ireland
- (ii) A Northern Irish individual/group working on global issues of justice/rights
- (iii) An individual/group based outside of Northern Ireland but working to benefit of rights/justice issues in Northern Ireland.

Preference may be given to an individual and/or organisation/group that has not previously received public recognition for their work in the human rights or social justice field. A supporting reference is required from an individual who is not related to the applicant or does not work for an applicant organisation.

The Community Foundation for Northern Ireland will accept applications and nominations until 12.00 noon on Tuesday 24th September 2013.

For queries contact: akilmurray@communityfoundationni.org / <http://www.communityfoundationni.org/>

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2 Opportunities for Lone Parents

A: Funding Available for Lone Parents for Further Education Courses

Choices Plus is a bursary scheme open to lone parents throughout Northern Ireland who would like to return to training and education in their local area. Choices Plus offers lone parents the opportunity to choose a level 3 course in their own area

About Choices Plus

Choices Plus supports lone parents who want to get back to work by providing opportunities to learn new skills and gain valuable employment experience.

Our experienced staff will help you to find a course that's right for you at your local college. Next we help you to set up a work experience placement with an employer in your local area which lets you try out the job you

are interested in.

We help with course fees and other costs such as childcare, travel, and books. From the beginning you will have one to one support and encouragement. There's also plenty of advice with everything from money matters when returning to work to tips on applying for jobs and going for interviews. Choices Plus draws on Gingerbread's 20 years experience of working with lone parents returning to work. We know the concerns lone parents have and we are here to help.

Who can apply?

Choice Plus is open to lone parents who are not currently in paid employment and who have dependent children. It is available throughout Northern Ireland.

To be eligible for the programme:

- The course must be accredited and part- time.
- Funding is only available for Level 3 or above courses. E.g. NVQ 3, HNC's, HND's, Btec National Diplomas, Access Diploma, ATI etc...
- Applicants must be unemployed/ on Income Support.
- All participants must undertake a work placement.

What's on Offer?

- Help choosing the right qualification for you
- Work experience with a local employer
- Help with the cost of childcare, travel, and course fees
- Support to build your self confidence
- One to one support meetings and phone calls
- Advice on choosing a career
- Advice on benefits and finances

How to Apply?

The Choices Plus Programme is available throughout the year with a limited number of places available. If you are interested in the programme, would like to apply, or find out more then contact Holly at Gingerbread NI by phone on 028 9023 1417 or by email on holly@gingerbreadni.org.

B: Marks & Start Programme for Lone Parents. Beginning in September in Stores through NI.

Are you a lone parent? Want to return to work? Would a package of: work preparation, followed by two-weeks' work experience with Marks & Spencer help you to reach that goal?

Marks and Start gives the opportunity of work experience to single parents of different ages and walks of life, helping them to get ready to access the world of work. Marks & Spencer is working in partnership with Gingerbread NI and Possibilities NI to deliver 'Lone Parents Returning to Work' as part of Marks & Start, its flagship Corporate Social Responsibility Programme. We recognise the importance of single parents' place on giving time to bringing up their children and the challenges of combining parenting with paid work.

We also know that, for many, employment is a positive choice and their best chance of a better future for themselves and their children. Lone Parents Returning to Work aims to ease the transition into work by preparing single parents and ensuring they know about all the support that could make it possible. This programme is available for single mothers or fathers who want to get back into work.

Lone Parents Returning to Work offers: Work Preparation training in week one (within school hours), tailored for lone parent, including:

- Confidence Building, employability skills, commendation, worklife balance;
- Information for single parents about tax credits and childcare options;
- Referral to organisation who can offer help and advice.

Plus:

- Induction training with Marks & Spencer;
 - Two-week work experience placements, flexible, to fit around school hours;
 - Buddies - support during placements for single parents;
 - Meals, travel costs and uniform provided;
 - Support - each participant will have access to support via Gingerbread Northern Ireland before, during and after their placement, including a telephone helpline.
- We'll also ensure every participant has a strategy and action plan when they leave, which includes links to local agencies for employment guidance for further training.

How single parents will benefit:

- Our Programme will help single parents make an informed decision about whether returning to work is right for them.
- It will also prepare single parents for the world of work and refer them to jobs or other training opportunities.

Locations:

Armagh, Belfast, Ballymena, Bangor, **Derry**, Lisburn, Newry, Newtownabbey, and Newtonbreda.

Training: September/October 2013

Work Experience: September/October 2013

Who can Join?

Single Parents with children of school age or younger who have been out of the job market and are actively considering returning to work. Candidates must be eligible to work in Northern Ireland and would be subject to Marks & Spencer selection criteria.

How do you Join?

For more information about the programme in the Belfast area call Orla on 028 9023 1417 or

email oria@gingerbreadni.org, and in the Northwest area call Maria on 028 7137 7066 or email maira@gingerbreadni.org, and they will arrange a one-to-one meeting.

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3 Calling all female experts

BBC Expert Women's Day Northern Ireland aims to raise the number of women experts on TV, radio and online by providing a day of practical broadcasting experience and networking with some of the UK's leading media professionals. This **free** event follows highly acclaimed Expert Women's Days in London and Salford, which trained specialists who have gone on to make media appearances on Channel 4, CNN, BBC News 24 and Radio 4's Today programme.

BBC Expert Women's Day Northern Ireland takes place on **Wednesday 18 September 2013** at BBC Northern Ireland, Blackstaff House, Belfast BT2 7BZ. The BBC is looking for women with recognised knowledge and skills in these specific fields:

- Political and Social Analysis
- History, including recent history of Northern Ireland
- Business and Entrepreneurship
- Law and Ethics
- Medicine
- Science
- Money Matters
- Environment and Natural World.

If you are a female with expertise in one of these areas and can be in Belfast on the day then you could be part of this ground breaking free event. For more information on how to apply go to <http://bit.ly/expertwomenNI>

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4 Health, Social Care and Social Enterprise ~ What does the future hold in Northern Ireland?

Date: **Thursday 26 September**

Time: 9.30am – 3.00pm

Location: Crumlin Road Goal, Belfast

An event designed to share best practice and explore what each sector can learn from one another to help deliver a higher standard of health and social care services.

The NHS is full of people with great ideas about new and exciting ways of delivering patient care. Social Enterprises are able to harness these innovative ideas and provide truly responsive services.

Who should attend?

- Health and Social Care Professionals
- Social Enterprises looking to deliver, or already delivering, services to Health Trusts

Facilitated by Dr Guy Turnbull: One of the UK's leading consultants, has helped to establish some of the most successful and innovative Social Enterprises in the UK.

To book your place:

Email: events@socialenterpriseni.org or call: 028 9267 3223

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5 Men's Health Events ~ Building the Case for Men's Health in the West

11 October 2013, 9.30 – 3.30pm

North West Regional College, Derry/Londonderry

Speakers include Dr Paul Darragh, BMA and Prof Rory O'Connor, University of Glasgow

Doctor Paul Darragh

Is Chairman of the BMA's Northern Ireland Council, former Chairman of the NI Staff and Associate Specialists Committee (NISASC), and currently Northern H&SC Trust (NI) Rep on NISASC, a member of the SASC UK Negotiations Subcommittee and an Associate Specialist in Acute and General Medicine/Gastroenterology in the Mid-Ulster and Antrim Hospitals. As Chairman of the BMA's NI Council since 2009, he has been engaged in formulating and promoting BMA (NI) policy in a rapidly changing, challenging environment.

Professor Rory O'Connor

Is the President Elect, International Academy of Suicide Research. Professor O'Connor has an international reputation for conducting high quality, theoretically grounded and innovative research into suicide and suicidal behaviour and is an editor of "The International Handbook of Suicide Prevention" (2011). Professor Rory O'Connor leads the Suicidal Behaviour Research Laboratory, University of Glasgow.

For more information contact:

Sonia Montgomery, Health Improvement Department, Western Health & Social Care Trust

T: 028 7186 5127 / E: sonia.montgomery@westerntrust.hscni.net

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6 'Kinship Caring – The Legal Position'

Kinship Care NI are offering a 6 week 'Kinship Caring – The Legal Position' course to grandparents and other family and friends' carers living in the Derry City Council area.

Date: Friday's, 23rd August 2013 – 27th September 2013 (6 Weeks)

Time: 6.00pm – 8.00pm

Venue: Lecture Theatre, 1st Floor, Central Library, 35 Foyle Street, L'Derry, BT48 6AL

The course will focus on some of the legal orders associated with kinship caring such as Care Orders, Residence Orders and Contact Orders as well as other issues such as Parental Responsibility; Legal Aid and Representation and Working with Solicitors & Barristers.

The course is targeted at grandparents and other kinship carers as well as anyone who wishes to gain a better understanding of the legal rights and responsibilities surrounding kinship care. The course will be taught by a lay magistrate who has substantial experience working in the area of family law in Northern Ireland.

All travel expenses will be met and a contribution will be made towards childcare where requested. Tea, coffee and a light supper will also be provided.

This is an excellent opportunity to learn of the different legal orders associated with kinship caring, and your rights and responsibilities when raising a family or friends' child. It is also an opportunity to meet other kinship carers, to share experiences, develop friendships and to have a bit of fun.

If you would like to attend this **FREE** 6 week course, please complete the course registration attached return to me at Kinship Care NI, 67 Carlisle Road, Derry/Londonderry, BT48 8JL. Alternatively, you can email it to kinshipcare.ni@gmail.com

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7 Upcoming Events with CO3

A: CO3 media summit

Challenging for coverage – building relationships between the media and Third Sector leaders
CO3's first Media Summit on **6 September 2013** will consider the importance of independent commentary from third sector organisations, how the media covers the third sector and how the third sector can improve its access to the media and its presence in media channels. A full programme can be accessed by visiting www.co3.bz

The event features a range of expert speakers, led by Channel 4's Jon Snow, and is ideal for Third sector Chief Executives, directors and heads of communications; communications and media experts, as well as those working in the media.

Cost including refreshments: CO3 members £99; non-members £160. Bursaries are available for CO3 members who run smaller organisations or organisations with extenuating circumstances.

To book or request a bursary application form please email sarah@co3.bz or call 028 9024 5356.

B: Recruitment open for Senior Fellowship Programme

CO3 is now recruiting for its next intake for the CO3 Senior Fellowship Programme in the Autumn. CO3's Senior Fellowship Programme, is a brand new leadership development programme specifically designed for leaders in the third sector.

Programme Dates

- Connect: 13 September 2013. Come along to the programme launch and briefing.
- Call to Leadership: 23 October 2013. Your chance to undertake a 360 degree Appraisal and a Myers Briggs Type Indicator, followed by a personal 1.5 hour coaching session with one of the tutors to interpret results of the appraisal and set a personal plan for your development throughout the programme.
- Leading From the Inside Out: 23–24 January 2014 (Residential). Developing leadership presence and authenticity, motivating self and others, increasing resilience and energy, power and influence.
- Leading for Outcomes: 20 February 2014. Leading the organisation for the future through innovation and growth.
- Leading Forwards: 27 March 2014. Leading the strategy, performance and culture needed by your organisation for success.
- Leading for Excellence: 13 June 2014. Sharing leadership experience and insights from the programme to show the sector the way.

To find out more about the programme please visit CO3's website www.co3.bz. Or contact Tracey McCreanor by email Tracey@co3.bz or call 028 9024 5356.

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8 Amazing Opportunity with Foyle International

Foyle International is delighted to announce a unique opportunity for 30 participants of 16 years and over to live and work in Europe for 13 weeks for **FREE!**

It is an opportunity for those that have an interest in tourism and events to travel to Europe for 13 weeks and experience different cultures and work ethics. The next flow of participants is planned for mid September 2013 and will be heading to Spain and Germany.

This can significantly enhance your opportunity to find employment when you return in connection with the City of Culture 2013.

You can find more details on <https://www.facebook.com/tourismmobilityculture>

For more information and to access application packs on the website, go to: <http://www.foyle.eu/Tourism-mobility-culture/>

Applications can be sent directly to Feargal@foyle.eu or if you wish to speak to Feargal, call 02871371535.

No criteria are set, what is needed are determined and motivated participants. It's an opportunity of a lifetime, get on board!

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9 Richard Holloway in conversation with Denis Bradley

The former Bishop of Edinburgh and noted writer and broadcaster Richard Holloway will be in conversation with Denis Bradley **at St Columb's Cathedral on Saturday 24 August**. They will be discussing his memoir 'Leaving Alexandria: A Memoir of Faith and Doubt' in which he charts his life and his crisis of faith.

At the age of fourteen, Richard Holloway left his home town of Alexandria, north of Glasgow, and travelled hundreds of miles to be educated and trained for the priesthood by a religious order in an English monastery. By twenty-five he had been ordained and was working in the slums of Glasgow. Over the next forty years Richard touched the lives of many people in the Church and in the wider community, but throughout all of this he was tortured by doubt and ultimately this led to him leaving the Church.

Richard Holloway was Bishop of Edinburgh and Primus of the Scottish Episcopal Church until he stood down in 2000. He was Gresham Professor of Divinity in the City of London from 1997 to 2001 and is Founder and Chair of Sistema Scotland, the charity that seeks to change the lives of children through music.

'Richard Holloway's memoir is endlessly vivid and fascinating. It's the record of mind too large, too curious and far too generous to be confined within any single religious denomination. His account of how a passionate, intelligent boy grew out of a poor and deprived background, without ever losing touch with the humane values it gave him, will be a delight and inspiration to believers, non-believers and ex-believers alike.' Philip Pullman

The discussion at St Columb's Cathedral on Saturday 24 August will begin at 7.30pm. Tickets, priced £6.50, are available from the Culture Company box office at www.millenniumforum.co.uk.

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10 Alcoholics Anonymous

Alcoholics Anonymous is a worldwide fellowship of men and woman who help each other attain and maintain sobriety and who offer to share their recovery experience with others. Anyone who thinks he or she has a drinking problem is welcome at an Alcoholics Anonymous meeting.

The county Derry area of Alcoholics Anonymous strives to make the public at large aware of how Alcoholics Anonymous helps us to do so and we frequently give presentations to groups of interested people. This usually consists of a DVD and two members of Alcoholics Anonymous sharing their experience with alcoholism. This is followed by a question and answer session.

In the event of your school, group or association would like such a presentation, or if you have any queries or require any further information please feel free to contact the P.I. committee at derryareapi@hotmail.co.uk or ring our Belfast Office on 028 9043 4848

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11 DJ-ing programme

Ever wondered what it would be like to be up there in the DJ box watching people dancing to your tunes?..... This is the course for YOU!!

FWIN are now offering a unique training opportunity for young women aged 16 – 24 years who are currently NOT in Education, Training or Employment!!!

Our exclusive "Just for Girls" course offers you the opportunity to learn all the essentials of DJ-ing. No previous experience necessary, all you need is a love of music and a willingness to 'have a go'.

You will:

- Learn on the most up to date DJ equipment.
- Get hands on experience of setting up and recording your own mixes
- Identify job opportunities within the dance music industry
- Spend time in a friendly, relaxed, fun environment
- Develop your confidence and self esteem

Sound Good?

Contact Maureen Fox to hear more on 02871 266291. Email Maureen@fwin.org.uk

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12 GRIT Residential recruiting for female participants, aged 16-24

The residential is a unique experience which encompasses personal development, learning through physical and mental challenges and a recognised OCN qualification.

The initial selection day is on Tuesday 3 September at the Belfast Activity Centre, Barnett's Demense, Malone Road. The residential at Sheep Island View Hostel, Ballintoy, County Antrim, is from Monday 9 to Friday 13 September 2013.

For more information or to register to attend the selection day, contact Mairead Quinn on 07715 211 879 or at mairead.quinn@opportunity-youth.org, or Sean McErlean on 07715 211 882 or at sean.mcerlean@opportunity-youth.org.

<http://www.opportunity-youth.org/news/28/grit-residential-recruiting-for-female-participants-aged-1624/>

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13 Connect through Dance

"Connect through Dance" is a seven-day project for 54 young people from the UK and Poland (open to those aged 18+) to exchange informal learning and enrich cultural perspective through the art of dance.

The project aims to encourage young people to develop awareness, desire and responsibility to live a healthier lifestyle. In addition to acquiring dance competencies, the project will equip youth with interpersonal skills, cultural tolerance and solidarity in the EU. The seven-day dance project will take place at the YHA Okehampton venue in Devon in the UK.

If you are interested in attending (or if you know of someone who might) please see attached information pack and application form.

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14 Foyle Pride Festival 2013 Presents : *In The Closet*

An Cultúrlann, Great James Street,
20 August 2013, 11.00am
Guest Speaker: Amy Lamé

An art installation piece which features a custom built wardrobe that has been developed through careful consultation workshops with members of LGBT community in what the negative feelings are surrounding being 'in the closet'.

The project explored the aspects of internalised issues which impact on mental health wellbeing. The aim of this piece is to draw attention to early intervention strategies and the campaign that Foyle Pride has undertaken for better education surrounding coping with sexual identity and mental health. This event will be attended by support agencies The Rainbow LGBT Centre, So Me (Equality Commission), HereNI.

For further information contact Mel on mel@foylepridefestival.com

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15 Iona charity cycle in aid of the Homeless

The **IONA CHARITY CYCLE in aid of the HOMELESS** will take place from the **29th August - 31st August 2013** as part of the four main Churches response to the plight of the homeless in our City. Iona has been chosen because of the links with the City's Patron Saint Columba.

Two of the longest established homeless charities in the City, The MCM Men's Hostel and Clarendon Shelter for women and children at Ashmore are the beneficiaries.

A number of clergy will be swapping their collars for Lycra all in aid of this good cause.

The event sets off from the site of St. Brecon's in St. Columb's Park, early on **Thursday 29th August 2013** with a team of eight cyclists following parts of the route of the patron Saint to Iona.

Day One will see the team cycle to Ballycastle, take the ferry to Campbeltown and finish in Tarbet.

Day Two the group will travel from Tarbet to Oban, crossing by ferry to Craignure on Mull.

Day Three will see the group cycle across Mull and cross on to Iona.

We are seeking sponsorship for the event which supports the above charities. Any donation large or small will be gratefully received.

For further information or to make a donation please contact Caitriona Lynch at the North West Methodist Mission on 71 309388 or 71 348531.

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16 UK Poet Laureate visits the city

UK Poet Laureate, Carol Ann Duffy @ Waterside Theatre, 2pm (performance for children and "child in the adult") and @ St Cecilia's College, Blighs Lane 7.30 pm **October 5th 2013** with actor musician, John Sampson
UK City of Culture events co-organised by Yes! Publications, Guildhall Press and Derry Writers Group

Tickets available now from Waterside Theatre and the Millennium Forum.

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17 Abhaile Arís Presents – "The Pride"

Robbie lives for the band, with the help of Davie (who drinks Robbie's beer while he does it!). Amanda is the proud mother of Robbie's two sons, who also live for the band. Dessie is Robbie's grumpy father-in-law who thinks the band is a waste of time. It's coming close to the start of the marching season though, and there are plans to be made as the band are heading for the May Rally in Glasgow and it's their 25th anniversary!

Based on the research with the Pride of the Orange and Blue, "The Pride" tells the story of what goes on in any band, when they are not on the street – the highs and lows, the comradeship, the laughter and the tears. In 'getting under the uniform', the play seeks to give an opportunity to those from both inside and outside the band community to understand the lifestyle and motivation of such a widely enjoyed aspect of Northern Irish culture.

Balor Theatre, Ballybofey, Thursday 15th August 8:30pm.
Admission FREE, limited seating available, booking advisable.

For more information, call Gerry on 0749128610/0860637990 or E-Mail abhailearis@eircom.net

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18 Strathfoyle's 'Wild Acton'

Enagh Youth Forum in partnership with Faughan Valley Landscape Partnership are calling for volunteers to take part in some 'Wild Action' On the **13th of August** residents of Strathfoyle will be taking action into their own hands to improve their estate and nearby Enagh Lough. Volunteers will be meeting at 11am on Judges Road to clean-up the litter from a section of Enagh Lough.

Derry City Council is delighted to support this initiative and I would like to take the opportunity to highlight how important it is for residents to take a pride in their area especially local scenic areas such as Enagh Lough.

The Youth Forum members and leaders are inviting all residents to get involved by helping with the clean up. David Bradley of the Enagh Youth Forum's Young Roots Heritage Project encourages others to get involved, 'We are asking anyone who can volunteer a few hours of their time on the Tuesday to come along and 'do one thing' to help protect and enhance their local environment'.

On Thursday 15th August 2013 from 11am-3pm: Enagh Youth Forum will bring Enagh Lough to life through our family fun day. This will include kayaking, canoeing, wood carving workshops, fishing, team games, barbecue and a battle re-enactment by Eireann Edge and promises to be an exciting family day out!!! A mini-bus will be

on site to transport people to and from the Judges Road at Enagh Lough. Come along and enjoy the Fun!

The clean up is part of a Loughs Agency's Adopt-a-Stream initiative where groups are encouraged to look after waterways close to them. Loughs Agency supplies all equipment needed and Derry City Council support the group in undertaking the task.

Annie Mullan, Community Engagement Officer with Faughan Valley Landscape Partnership encourages others to follow their example, 'This day sees a community group taking advantage of a great initiatives 'Adopt-a-Stream', I would encourage other community groups in the Faughan Valley area who wish to improve their area to get in touch as there are many ways we can assist environmental improvements.'

For further information on the Faughan Valley Landscape Partnership please contact Annie Mullan, Community Engagement Officer. Tel: 028 7133 7498, email: annie.mullan@derrycity.gov.uk or visit www.faughanvalley.com

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19 Chocolate Memories ~ Chocolate Workshops discounted for August

Amazing August **DISCOUNTS**
Come to the Chocolate Memories factory
Make your own chocolates

| | |
|---|---|
| 50% OFF Team Building (2 hr) *August price - £112.50* | 40% OFF Family & Friends (2 hr) *August price - £120.00* |
| 30% OFF Me & The Girls (1.5 hr) *August price - £105.00* | 15% OFF Family & Friends (1 hr) *August price - £85.00* |

(prices are for 15 people but we can accommodate 20)
MON-THUR (Evenings) FRI-SUN (Any time)

Fiona@chocolatememories.co.uk
02890448832 / 07733881269
WWW.CHOCOLATEMEMORIES.CO.UK

Chocolate Memories is a non-profitable organisation established by charity Autism Initiatives, based in Moneyreagh, just outside Belfast

Submit an article - Email info@nwc.org to submit an article for inclusion in E-Bulletin.
When submitting an article for inclusion in this E-Bulletin, please conform to the following guidelines to ensure not only inclusion but clear understanding of the information you wish to convey:

Use only the Verdana or Arial Fonts, size 10 or 12

Use single-line spacing

As far as possible, do not use images or include attachments - information is best received when it is concise and straightforward.

Include reliable contact information: named contact, organisation, telephone number, email address &, where appropriate, web address

Please check that all details are correct when submitting as we will presume they are.

Please do not reply directly to this email, use one of the links above to feedback or to submit an article. For general enquiries, email info@nwc.org

The information in this E-Bulletin has been collated from a range of sources. NWCN does not however accept responsibility for any third party content or for any of the opinions expressed.

Neola Nelis McCrossan
neola@nwc.org
nwc.org, nwc.org/PESP.html
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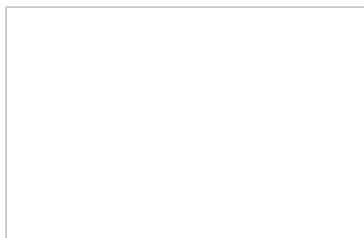
12/14 The Diamond
Derry/Londonderry BT48 6HW

T: 02871279090 (NWCN) /
02871368811 (PESP)

NWCN is a membership organisation for Community & Voluntary groups in the North-West, click here for a membership form for 2013-2014.

North - West Community Network core funding Investment Fund (DSD).

The Participation, Engagement & Skills Project (PESP) is funded by Big Lottery.



*...working to
create
a genuinely
participative
democracy...*



DSDLogo.jpg

S u p p o r t e r s o f :



I am using the Free version of [SPAMfighter](#).
SPAMfighter has removed 901 of my spam emails to date.

Do you have a [slow PC](#)? Try a free scan!