

WORKPLACE HEALTH REGISTRATION

WHAT IS WORKPLACE HEALTH PROMOTION?

Workplace Health Promotion is the combined efforts of employers, employees and society to improve the health and wellbeing of people at work by:

- Improving the way work is organised
- Improving the working environments
- Encouraging employees to get involved in healthy activities
- Encouraging personal development.

WHY THE WORKPLACE?

- We spend 60% of our life at work and we need to be healthy at work
 - Workplace health promotion has a high return on investment
 - The cost of absenteeism falls by £1.79 for every 66p spent on workforce wellness
 - *(Baicker et al)*
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- **Is your headquarters in the Western Trust Area, i.e. Derry/Londonderry, Limavady, Strabane, Omagh/Fermanagh?**
 - **Do you have a health and wellbeing strategy in place?**
 - **Do you have a workplace health group established?**
 - **Would you be interested in receiving support to carry out a new online staff wellbeing survey?**
 - **Would you be interested in receiving support to design and develop a 3 year health action plan for staff?**
 - **Would you be interested in having a member/s of staff attend a half day 'Workplace Health Champion' training?**

“Our organisation is committed to working towards improving health and wellbeing for my organisation and would like to receive support and / or information on health and wellbeing at work.

I am happy to have my details on Health@Work NI database to receive further information in relation to workplace health and wellbeing. This information will not be shared with third parties”

Signed _____ **Date** _____

Job Title _____

Could you sign post or email this form along with the contact details form below to the following address to be added to our database:

**Health@Work NI
DHC Group
Lilac Villa
Gransha Park
Derry/Londonderry
BT47 6TG**

Or email sabrina@dhcni.com

(CONTACT DETAILS)

Organisation

Address

Postcode

Email Address

Contact Name

Job Title

Contact number

Number of employees

(Female Employees)

(Male Employees)

Approx, number of rural employees

**How long has your organisation
been in operation?**

Give a brief description of what your organisation does?

What patterns would your employees work (please tick one)

Regular hours

Shift Patterns

Both

Tick which one applies to your organisation:

C&V

Private

Statutory Organisation

Other (please specify)